

Colleen Hauk

Intro

Colleen Hauk is a speaker, trainer, co-author of two books: *Women Who Ignite*, and *Why Didn't Anyone Tell Me This Sh!t Before?*

She is also the creator of YOU SO NEW™, a program designed for successful professionals who are looking to regain control and take care of their personal life.

Coupled with over 15 years of corporate leadership and training, Colleen shares her skills, personal experiences and research to empower elite performers in their professional and personal lives.

Colleen understands these challenges after suffering her own breaking point where she transformed her circumstances and developed successful methods for a healthy, holistic life.

Now, Colleen provides her audiences with strategies and resources to 'have it all' without losing it all.

Colleen is a Certified Professional Success Coach and holds both a Bachelor of Science degree in Human Services from California State University – Fullerton and a Multiple Subject Teaching Credential from California Polytechnic University – Pomona.

When she's not teaching or training high performing professionals, you will find her leading BodyCombat classes for a national health club organization.

Colleen's clients describe her as inspirational, passionate, dedicated, and enthusiastic about empowering audiences to move beyond their current reality.

Please join me in welcoming Colleen Hauk!

