

# Colleen Hauk

## BIO

Colleen Hauk is a speaker, trainer, co-author of the bestselling book, *Women Who Ignite*, and *Why Didn't Anyone Tell Me This Sh!t Before*, as well as the creator of *YOU SO NEW™*, a program designed for successful professionals who fail to take care of their personal life. Coupled with over 15 years of corporate leadership and training, Colleen shares her skills, personal experiences and research to empower elite performers in their professional and personal lives. Colleen understands these challenges after suffering her own breaking point where she transformed her circumstances and developed successful methods for a healthy, holistic life. Now, Colleen provides her audiences with strategies and resources to 'have it all' without losing it all.

Colleen obtained her Certified Professional Success Coach certification from Success Coach Institute and has completed courses with Brendon Burchard, one of the most successful online trainers in history, according to Oprah.com, and Jack Canfield, America's #1 Success Coach and Co-Creator of the *Chicken Soup for the Soul Series*. In addition, Colleen works with Bo Eason, international presence/story coach, as an Accountability Coach for his exclusive Warrior Mastermind program.

Colleen received a Bachelor of Science in Human Services from California State University, Fullerton and a Multiple Subject Teaching Credential from California Polytechnic University, Pomona. You can also find her every week at a leading national health club organization motivating members as a certified Les Mills BodyCombat instructor.

Married to her supportive and loving husband, Matt, she lives in Southern California where they were both born and raised. They enjoy life with their beautiful children, Jordan, Ethan, and Reese, camping in the desert, hosting fun-filled evenings with friends, and spending quality time with their nearby extended family. Colleen's clients describe her as inspirational, passionate, dedicated, and enthusiastic about empowering audiences to move beyond their current reality.

